



Prayers for Europe

The new year of 2025 has arrived. Where does the strength to live like Jesus come from? Commune with God and humbly offer ourselves in love and obedience. Then the Holy Spirit within us will give us strength. "But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it, and how from infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus." (2 Tim. 3:14-15). May 2025 be a year of looking only at the good and beautiful Lord and walking with Him.



카카오톡 채널에서 '소망의 여인들' 채널을 추가하시면
매주 월요일에 기도카드를 받으실 수 있습니다.

1. Lord, give wisdom and creativity to the team producing the Hidden Treasures Part 2 audio drama. May the drama bless those who have left prostitution and are now following you in a new life. (2 Cor. 5:17)
2. Lord, as our team in Albania minister to women leaving situations involving domestic violence, enable them to introduce these women to Jesus and connect them with local churches and organizations that can help. (Heb. 13:16)
3. Father, help Christian women in Croatia connect with one another for support, fellowship and strengthening of their faith to face their daily challenges. (1 Thess. 5:11)
4. Lord, we ask you to comfort girls in Denmark who are confused about their gender. Guide them to embrace the identity you gave them. (Gen. 1:27)
5. Lord, we praise your faithfulness as Finland celebrates its 25th anniversary of TWR Women of Hope. We give

thanks for over 90 prayer groups around the country. (Lam. 3:22-23)

6. Father, we ask for protection of Christians and Jews in France who are being attacked or killed because of their faith. May those with hate-filled hearts be changed by you. (Ps. 140:1)
7. God, we pray that victims of human trafficking who work in Germany's red-light districts receive help to start a new life in freedom. (Ps. 119:134)
8. May the people of Greenland be set free from alcohol and drugs which destroys their families and leads to abuse and suicide. Jesus, penetrate their darkness with your light. (John 8:12)
9. Many teenage girls in the Netherlands struggle with depression. May they receive the help they need and find true comfort and rest in Jesus. (Matt. 11:28)
10. Father, set women from the North Caucasus free from societal and familial judgment, giving them courage to openly follow Christ and testify to their faith. (Isa. 41:13)
11. May the Precious and Beloved program reach the hearts of women in North Macedonia to bring hope, healing and freedom, especially among those of the dominant religion. (Ps. 34:18)
12. May Norwegian Christians warmly welcome immigrant women who face language and cultural barriers, isolation and discrimination. (Lev. 19:34)
13. Lord, grant wisdom and discernment to the rulers and political opposition in Poland so that they may cooperate and lead this nation. (Jer. 29:7)
14. We pray, Lord, for fair compensation in employment and increased opportunity in society for women in Portugal. (Ps. 34:15)
15. As divorce increases in Romania, Father, help couples on the verge of separation fight to save their families successfully. (Mark 10:9)
16. God, may women in Russia seek a personal relationship with you, grow in their faith and find comfort and strength in you for their lives. (Eph. 3:16)

17. Lord, bring peace and harmony to families in Serbia. May women recognize their worth and potential in Christ and be bearers of love, understanding and faith. (1 Pet. 3:9)
18. As suicide rates rise in Spain, we ask, Father, that young women learn to protect their minds from the unrealistic standards of social media. (Ps. 147:3)
19. We pray, Lord, for orphans in Albania and children abandoned by their parents. May the church provide them love and introduce these children to Jesus. (Deut. 10:18)
20. Father, please use the program Arise and Shine to touch, encourage and strengthen the hearts of women in Belgium and the Netherlands to openly live out their faith. (Isa. 60:1)
21. May women in Croatia recognize their worth in Christ, be set free from fears and insecurities, and step into the freedom and confidence that comes from him. (Matt.10:31)
22. May women in Denmark who live in fear of rejection, abuse, loneliness, hunger or homelessness trust in you, God, to be their defender, provider and hope. (Ps. 18:2)
23. Father, break the stronghold of drug and alcohol abuse in the Faroe Islands and restore the families torn apart by these substances. Help people to find love and healing in you. (John 3:16)
24. A 2021 poll showed that over half the citizens of France no longer believe in God and see Christianity as irrelevant. Strengthen true believers to engage nonreligious people with God's love and truth. (Luke 18:8)
25. We praise you, God, for the German intercessors who pray faithfully with the prayer calendar and for donors who enable us to support Women of Hope programs in different languages. (Phil. 1:3-5)
26. May Norwegian women see the value of gathering in prayer groups, sharing joys and sorrows, praying for one another, and interceding for women around the world. (Matt. 18:20)
27. Heavenly Father, we pray that Polish school curricula would promote the family model that is accordance with your will. (Matt. 19:4-5)
28. Lord, may Portuguese women who feel overwhelmed while trying to reconcile family and professional life find their rest in you as they look to your Word for guidance. (Matt. 11:29)
29. In this difficult economy, Lord, give Romanian women wisdom to manage their resources well and to understand that you are the source of all blessings. (James 1:17)
30. Father, grant wisdom to our team in Serbia as they write and produce programs. May they choose topics that will positively change the lives of women who listen. (James 1:5)
31. Lord, may women in Spain who are alone, without resources and wish to continue with their pregnancies find the support they need. (Ps. 32:8)

“Living the Empowered Life”

- by Lisa Hall,

international prayer coordinator-

PULL QUOTE: “The secret of the easy yoke, then, is to learn from Christ how to live our total lives, how to invest all our time and our energies of mind and body as he did. We must learn how to follow his preparations, the disciplines for life in God’s rule that enabled him to receive his Father’s constant and effective support while doing his will.” Dallas Willard The Spirit of the Disciplines: Understanding How God Changes Lives.

I think we all struggle with how to realistically live in a way that pleases God. We desire to imitate Jesus’ life of devotion to the Father and his love of others, but where is the power to live as Jesus did?

The opening quote refers to Matthew 11:28-30, in which Jesus tells us to take his yoke, be joined to him, watch him and allow him to teach us how to live. And what we discover as we are yoked together with him is that the power to do the things Jesus did came through the lifestyle he lived.

Jesus lived a radical life of total devotion to the Father. It involved the discipline of his body and mind, submission of his will and complete surrender to the Father. Willard says, “Spiritual growth and vitality stem from what we actually do with our lives, from the habits we form, and from the character that results.”

We see Jesus’ life in the gospels as a model of his lifestyle, habits and character. Although his life of total devotion to the Father brought much suffering, it also brought intimacy, communion and joy with him.

As we look at Jesus’ lifestyle, we see he practiced the spiritual disciplines of prayer, silence and solitude, studying and meditating on the Word, simple and sacrificial living, and service to others. Although people can practice these disciplines in a legalistic manner, Jesus did so with a purpose and intent to see and hear the Father. And we can do the same.

During the COVID lockdown of 2020, I was introduced to and began practicing the spiritual disciplines of silence and solitude, reflective Bible reading and meditation, prayer and fasting, and Sabbath keeping. Saying that my relationship with God was revolutionized is an understatement. As I purposefully slowed my life down to listen to God, I began to hear his still, small voice. As I approached the Scripture with listening ears and meditated on a verse or two, the Word came alive in a new way. Times of silence and stillness before the Father brought rest to my soul, and I gained a new understanding of why Jesus often went off to lonely places to pray.

Two books that I highly recommend for learning and practicing the spiritual disciplines are Celebration of Discipline: The Path to Spiritual Growth, by Richard J. Foster, and Silencio: Reflective Practices for Nurturing Your Soul, by Stephen A. Macchia.

A word of caution of what this lifestyle is not. This is not trying to live a perfect life through sheer willpower; rather, it is a stilling of ourselves before God and coming before him in devotion and love for the purpose of knowing him and his heart.

And be assured, you will fail in your attempts to be surrendered to him. Just in the last few days, I have failed in body, mind and will to live fully devoted to God. Gently he reminded me of my sin, granted me forgiveness and told me to put the yoke on again and keep my eyes on Jesus. No condemnation – just the encouragement of his presence that we are doing this together and that the Spirit within us can give us strength. We are not alone!

The spiritual disciplines enable us to position ourselves to seek God’s heart and presence in order to deepen our relationship with him. We are not demanding that he meet with us but are humbly offering ourselves to our God, who is worthy. May we learn to commune with God and deepen in our love and surrender toward him as we choose to live like Jesus did.

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